



ANTI-DOPING WORKSHOP

Primarily for those intending to compete under FEI Rules, but open to competitors from any discipline that would like to attend

The adoption of the World Anti Doping Code has increased the necessity for all competing under FEI Rules to fully understand Doping Regulations (equine and human). Ignorance is no defence and a positive test is likely to result in a ban. This is your chance to be educated. Do not pass-up this opportunity.

TUESDAY 8TH MARCH, 2 – 4 P.M.
ENGLISH INSTITUTE OF SPORT, SHEFFIELD
(see www.eis-sheffield.co.uk for directions)

OR

TUESDAY 15TH MARCH, 2 – 4 P.M.
THE OXFORD CENTRE, OXFORD
(see www.the-oxford-centre.co.uk for directions)

(A date for riders based in Scotland is yet to be arranged)

Places are free of charge, but you must telephone Sophie George on 02476 698874 to book your place.

Further information is available on the BEF website
(www.bef.co.uk)

ANTI-DOPING MEETINGS, 8th & 15th March 2005

You may have heard talk of WADA, the World Anti Doping Association. In order to retain their Olympic status, nations and sports are obliged to sign up to the WADA Code. The British government, the BOA, the FEI and, in turn, the BEF have therefore adopted it and are now taking steps to implement it. Each equestrian discipline and the FEI have had anti-doping Regulations for some time but the WADA Code has introduced rules and regulations that have brought equality of approach across all sports. For the purpose of our sport the WADA Code has implications primarily for human doping and medication control. For now, the FEI continues to regulate equine doping and medication control.

If you do not comply with the WADA Code and incur a positive test, you will face Disciplinary Procedures. If found to be in breach of the rules, you are likely face a ban.

All the information required to understand WADA and its implications is in the public domain (see Useful Links/Contacts). However, the BEF and the disciplines will be running two briefing days to ensure you fully understand WADA and the Anti-Doping Regulations.

If you intend to compete under FEI Rules it is imperative that you fully understand the regulations. It is your responsibility to ensure that you do not breach the rules. Whilst we will do all we can to help, we must advise that, if you decide not to attend the briefing days this will not give you any excuse for not understanding the regulations if you are prosecuted under Doping Regulations at a later date.

The briefing will cover human and equine regulations, in particular:

- The Prohibited list
- Procedures you must follow if you require to take medication prohibited under the regulations (for example asthma medication), "Therapeutic Use Exemption"
- Where you might be tested and procedures
- (for identified riders only) Out of competition testing and Whereabouts information

The briefing in the North will take place on Tuesday 8th March 2005 at the EIS facility in Sheffield, beginning promptly at 2pm. Directions are available on www.eis-sheffield.co.uk.

The briefing in the South will be on Tuesday 15th March at The Oxford Centre, Oxford, again beginning promptly at 2pm. Directions are available at www.the-oxford-centre.co.uk.

If you have any questions, or would like any more information, please contact the International Secretary in your relevant discipline or Sophie George (BEF), whose details are shown below (see Useful Links/Contacts). Further information is also available on the BEF website, www.bef.co.uk.

Useful Links:

WADA Code - www.wada-ama.org.

UK Sport's Drug Information Database - www.uksport.gov.uk/did

UK Sport Drugs Information Line - 0800 528 0004.

BEF Doping Regulations: <http://www.bef.co.uk>

FEI Homepage: <http://www.horsesport.org>

BEF – Sophie George – 02476 698874 – sophie.george@bef.co.uk